

Monday 7th to Sunday 27th September 2026

	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Mon															
Tues															
Wed															
Thur															
Fri															
Sat															
Sun															

Lane Swim		50 minute session. 4 lane speeds
Toddler Pools		50 minutes. Toddler/Splash pools only (separate ticket to Lane/Relaxed swims)
Relaxed Swim		50 minute session. Paddle around and socialise. 2 lanes available
Aquacise		50 minute Aquacise class with qualified instructor
Fun Swim - Slide & Springboard		1 hour 45 minute session. Including Springboard, Slide and Toddler Pools
Fun Swim - Inflatable		1 hour 45 minute session. Including giant Inflatable Aquarun and Toddler Pools
Private Lessons		Half pool closed for private tuition
Closed		