

# Monday 13<sup>th</sup> - Friday 17<sup>th</sup> July 2026

	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Mon	Blue	Blue	Blue	Grey	Grey	Grey	Yellow	Yellow	Yellow	Red	Red	Yellow	Grey	Grey	Grey
Tues	Blue	Blue	Blue	Blue	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Red	Yellow	Blue	Blue	Grey
Wed	Blue	Blue	Blue	Blue	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Red	Blue	Grey	Grey	Grey
Thur	Blue	Blue	Blue	Blue	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Red	Yellow	Grey	Adult Only	Grey
Fri	Blue	Blue	Blue	Blue	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Red	Blue	Grey	Grey	Grey

Lane Swim		50 minute session. 4 lane speeds	
Toddler Pools			50 minutes. Toddler/Splash pools only (separate ticket to Lane/Relaxed swims)
Relaxed Swim		50 minute session. Whole pool, no lanes. Paddle around and socialise	
Aquacise		50 minute Aquacise class with qualified instructor	
Fun Swim - Slide & Springboard		1 hour 45 minute session. Including Springboard, Slide and Toddler Pools	
Private Lessons		Half pool closed for private tuition	
Closed			