

Friday 3rd - Sunday 12th April 2026

		07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Mon	Pool	Blue	Blue	Blue	Red	Red										
	Sauna	Pink	Pink	Pink												
Tues	Pool	Blue	Blue	Blue	Yellow											
	Sauna	Pink	Pink	Pink												
Wed	Pool	Blue	Blue	Blue	Yellow											
	Sauna	Pink	Pink	Pink												
Thur	Pool	Blue	Blue	Blue	Yellow							Blue		Blue		
	Sauna	Pink	Pink	Pink								Pink		Pink		
Fri	Pool	Blue	Blue	Blue	Red	Red										
	Sauna	Pink	Pink	Pink												
Sat	Pool	Blue	Blue	Blue	Red	Red										
	Sauna	Pink	Pink	Pink												
Sun	Pool	Blue	Blue	Blue	Red	Red										
	Sauna	Pink	Pink	Pink												

Lane Swim		50 minute session. 4 lane speeds.
Sauna		30 minute session. Shared sauna.
Relaxed Social		50 minute session. Whole pool, 1 or 2 lanes. Paddle around and socialise
Fun Swim - Slide & Springboard		1 hour 45 minute session. Including Springboard, Slide and Toddler Pools
Closed		